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Visit www.oldgrowth.ca for links and more resources

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Backus Woods Conservation Area

Long Point Region Conservation Authority: RR#1, Port Rowan, Ontario NOE 1M0, (877) 990-9932: www.lprca.on.ca

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Clear Creek Old-Growth Forest

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Cootes Paradise

Royal Botanical Gardens: <http://www.rbg.ca/>

map: <http://www.rbg.ca/pdf/rbgmap.pdf>

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John E. Pearce Provincial Park

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Niagara Glen Nature Reserve

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Paradise Grove Old-Growth Forest

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Rondeau Provincial Park

Provincial Park: R.R.#1 (Hwy.15), Morpeth, Ontario, N0P 1X0, (519) 674-1750,

<http://www.ontarioparks.com/english/rond.html>

Friends of Rondeau Provincial Park: <http://www.rondeauprovincialpark.ca>

map / reservations: <http://www.camis.com/OP/camping/maps.asp?loc=39>

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Sherwood Park Forest

website: <http://www.lostrivers.ca/SherwoodPkFOR.htm>

Springwater Conservation Area

Catfish Creek Conservation Authority: R.R. #5, 8079 Springwater Road, Aylmer Ontario N5H 2R4, (519) 773-9037, <http://www.catfishcreek.ca/>

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Twenty Valley Old-Growth Forest

Ball's Falls Conservation Area: (905) 788-3135

natural heritage: http://nhic.mnr.gov.on.ca/MNR/nhic/areas/areas_report.cfm?areaid=70

other information: <http://www.brocku.ca/epi/3v23page/ballfall.htm>

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Chapter 3 (Northern Hardwood, Hemlock and Other Forests)

Algonquin Provincial Park

Park office: Box 219, Whitney, Ontario, K0J 2M0 (705) 633-5572.

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maps: *Map of Backpacking Trails of Algonquin Provincial Park*, Friends of Algonquin Park; *Map of Canoe Routes of Algonquin Provincial Park*, Friends of Algonquin Park.

books and reports: Callan 1997; Henry and Quinby 2006; Martin and Martin 2002; Vasiliauskas 1995

Awenda Provincial Park

Provincial Park: <http://www.ontarioparks.com/english/awen.html>; 705-549-2231

other: Friends of Awenda Provincial Park. *The Wendat Trail*. (trail guide available at the trail-head or from the nature store at Park entrance); *Awenda Provincial Park Map*, Chrismar Adventure Maps, Uxbridge, Ontario.

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Clear Lake Conservation Reserve

Conservation Reserve: <http://crownlanduseatlas.mnr.gov.on.ca/htmls/C368.html>
reservations: 705-766-9033 or <http://www.algonquinhighlands.ca/water/reservations.htm>
1:50,000 topo map: 31 E/2 - Haliburton
other: *Haliburton Highlands Water Trails Map* (available from http://www.algonquinhighlands.ca/water/map_guide.htm)

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Gillies Grove Old-Growth Forest

map: <http://www.arnprior.ca/pdf/gilliestrail.pdf>
books and reports: Larson et al. 1999

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<http://www.ancientforest.org/algonquin.pdf>

Kinghurst Forest

website: http://www.ontarionature.org/reserves/res_kinghurst.html
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Peter's Woods

provincial park: <http://www.ontarioparks.com/english/pete.html>

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Shaw Woods Old-Growth Forest

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books and reports: Arbex 1991; Callan 2004; Quinby 1993

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Bark Lake Old-Growth Forest

1:50,000 topo map: 41J16 - Mozhabong Lake

canoe route: <http://www.myccr.com/canoedb/routeDetails.php?routeid=126>

books and reports: Arbex 1991; Callan 2004; Quinby 1993

Blueberry Lake Old-Growth Forest

1:50,000 top map: 31M04 - Temagami

online trail guide: <http://www.ancientforest.org/blueberry.html>

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Greenwood Lake Conservation Reserve

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Lake of the Woods

tourist information: http://www.city.kenora.on.ca/tourism_index.html

Lake Temagami and Temagami Island

on-line trail guide: <http://www.ancientforest.org/temagami.html>

maps: *Lake Temagami Shoal Map*, Temagami Lakes Association

books and reports: Quinby et al. 2002

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McLaren Forest Conservation Reserve

Conservation Reserve: <http://crownlanduseatlas.mnr.gov.on.ca/htmls/C159.html>

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Obabika Lake Old-Growth Forest

1:50,000 topo map: 41P01 - Obabika Lake

online trail guide: <http://www.ancientforest.org/obabika.html>

books and reports: Quinby 1991; Wilson 2004_a

Quetico Provincial Park

website: <http://www.ontarioparks.com/english/quet.html>

map: *Quetico Provincial Park & Area Map*, Chrismar Adventure Maps, Uxbridge, Ontario

Canoe routes: http://www.myccr.com/canoedb/region_2.php?provinceid=6®ionid=16

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Rabbit Lake West Conservation Reserve

conservation reserve: <http://crownlanduseatlas.mnr.gov.on.ca/htmls/CR9.html>

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Rushbrook Lake Old-Growth Forest

1:50,000 topo maps: 41I12 - Cartier (covers most of area); 41I13 – Pogamasing
books and reports: Iles 1990; Quinby and Suski 1995
other: <http://www.ancientforest.org/spanish.html>

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Spanish River Old-Growth Forests

map: Spanish River Map, Chrismar Adventure Maps, Uxbridge, Ontario
canoe route: <http://www.mycr.com/canoedb/routeDetails.php?routeid=139>
other: <http://www.ancientforest.org/spanish.html>

Temagami Region

Ancient Forest Exploration and Research: www.ancientforest.org
Earthroots: www.earthroots.org
Trip Information: www.ottertooth.com
Nastawgan Trails: www.nastawgantrails.com
maps: <http://www.ottertooth.com/Temagami/Maps/Access/round-lk.htm>
books and reports: Bray and Thompson 1990; Hodgins and Benidickson 1989; Wilson 2004_a

White Bear Forest Conservation Reserve

on-line trail guide: <http://www.ancientforest.org/whitebear.html>

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Wolf Lake Old-Growth Forest

forest Reserve: <http://crownlanduseatlas.mnr.gov.on.ca/htmls/F175.html>
canoe route: <http://www.mycr.com/canoedb/routeDetails.php?routeid=359>
books and reports: Arbex 1991;

Chapter 5 (Boreal Forest)

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park map: <http://www.lakesuperiorpark.ca/Hiking/bigmappage.htm>

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1:50,000 topo maps: 42 H7 - Little Abitibi Lake; 42 H10 - Montreuil Lake
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Voyageur Trail: <http://www.voyageurtrail.ca/michipicoten.html>

Missinaibi River

canoe route (complete): <http://www.myccr.com/canoedb/routeDetails.php?routeid=197>

route index: http://www.myccr.com/canoedb/region_2.php?provinceid=6®ionid=14

topo map guide: http://www.myccr.com/images/Images_Routes/MissinaibiMaps.gif

Outfitters: Denyse & Owen Korpela, P.O. Box 10 Mattice, Ontario P0L 1T0,

(705) 364-7312: <http://www.duenorth.net/missinaibi/>

Missinaibi Headwaters Outfitters, Chapleau, Ontario (800) 590-7836:

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Provincial Park: P.O. Box 280, Terrance Bay, Ontario P0T 2W0, (807) 824-2298:

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books and reports: Stone 2005

Bruce Peninsula / Fathom Five National Parks

National Park: <http://www.pc.gc.ca/pn-np/on/bruce/>; (519) 596 - 2233 (general information), (519) 596 - 2263 (camping), www.pccamping.ca

outfitters / boat tours: Thorncrest Outfitters,
<http://www.thorncrestoutfitters.com/tobermory.htm>

The Blue Heron Company, www.blueheronco.com, phone (519) 596-2999

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Conservation Area: <http://www.conservationhalton.on.ca> (905) 878-1147.

map: [http://www.conservationhalton.on.ca/trail maps/New Ratt Trail Guide.pdf](http://www.conservationhalton.on.ca/trail%20maps/New%20Ratt%20Trail%20Guide.pdf)

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